Benjamin Franklin High School Intro to Sports Med Participation Grades

Participation grades will be 50% in-class and 50% lab (practices, games, etc.) In order to receive full participation, you must do the following:

Class:

- Actively participate in discussions
- Be prepared for class: I.e. homework complete, have a pen/ pencil, have material reviewed to participate in reviews

Lab

- Show up in the proper attire
- NO CELL PHONES (you'll be asked to go home and you'll receive a 0% for the day)
- Actively participate
 - Ask questions
 - o Ask to help
 - Hydrate athletes

If you are doing all of the aforementioned things, you will have no problem getting 100% each day for participation. I will be recording your participation on a weekly basis. If you do not show up for your assigned day, you will receive a 0% for the lab portion, unless prior arrangements are made. Please be sure to notify me in writing (email is fine) of unexpected changes so that you do not lose points. If you tell me after you have already missed the day, you will receive a 0, unless it was an emergency situation.